



THE FORUM

**D**INNER

S O U P   D U   J O U R

**Manhattan Clam Chowder**

Red version with clam meat, fish, onions, celery,  
and potatoes in a tomato soup.

S P E C I A L   S A L A D

**Caesar Salad**

Fresh Romaine lettuce with parmesan cheese, croutons  
and anchovies. Served with Caesar style dressing.

E N T R E E S

**Mushroom & Okra (Vegetarian)**

Sautéed mushrooms, tomatoes, okra, curry and cilantro. Garnished  
with mango relish. Served over rice. .

**Prime Rib Au Jus**

Aged Prime rib roasted, carved to order,  
Served rare to well done. .

**Catch Of The Day**

Baked **bluenose Sea Bass** served with orange  
herb vinaigrette sauce

A C C O M P A N I M E N T S

- 1. Herb Polenta**
- 2. Asparagus**
- 3. Scalloped potatoes**

D E S S E R T

**Chocolate Thunder Cake**

D A I L Y   S E L E C T I O N S

(Always Available)

S O U P

**\*Low Sodium Chicken Broth**

S A L A D S

**Fresh Cut Fruit** (ask server of choices)

**\* Vegetable Salad**

**\*Caesar** (Mixed w/ Caesar dressing, croutons topping)

**\* Tossed Green** (Choice of toppings & dressing)

**\* Spinach** (Choice of toppings & dressing)

E N T R E E S

**Filet Mignon**

Cooked the way you like it, served with mushroom ragout

**Salmon**

Fresh Pacific Salmon served with Hollandaise sauce on the side,

Served **\*Grilled or Poached**

**Grilled or Baked Chicken Breast/ Thigh**

Skinless, breaded chicken breast or thigh baked in Dijon

& herb crust, offered with Honey-Dijon sauce

**Spaghetti**

Traditional spaghetti with house made Marinara or Meat sauce,

topped w/ Parmesan cheese

**Hamburger, Cheeseburger, Turkey**

**or Black Bean Burger**

Served with sliced tomato, lettuce & red onion on Kaiser roll

**Caesar Salad** (Entrée size)

Crisp Romaine lettuce tossed w/ garlic croutons,

Caesar dressing, Parmesan cheese,

topped w/ choice of **Grilled Chicken, Salmon or Plain**

A C C O M P A N I M E N T S

**Baked Potato**

**\*Baked Sweet Potato**

**\*Steamed Carrots, Spinach or Rice**

D E S S E R T S

**Sugar-Free Dessert- ask your server**

**\*Frozen Yogurt**

**\*Pudding**

**Angel Food Cake**

**Sugar-Free Ice cream**

**Assorted Cookies**

**\*Jell-O**

*\*Items lower in sodium, fat and/or cholesterol*